28th International Conference on Low Temperature Physics, Gothenburg, Sweden

Superfluid Phases of Liquid ³He in Random Media & Confined Space

James Avery Sauls

Department of Physics & Astronomy Northwestern University, Evanston, Illinois, USA

August 15, 2017

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Dierk Rainer, Graz 1994



Kathy Burgess

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The Phases of Pure Superfluid ³He- Spin-Triplet Pairing



D. Osheroff, R. Richardson, D. Lee, Evidence for a New Phase of Solid ³He, PRL 28, 885 (1972)

W. Halperin, C. Archie, F. Rasmussen, T. Alvesalo, and R. Richardson, Specific heat of superfluid ³He on the melting curve, PRB 13, 2124 (1976)

V. Ambegaokar and N. D. Mermin, Thermal Anomalies of ³He: Pairing in a Magnetic Field, PRL 30, 81 (1973)

Superfluid ³He

Spin-Fluctuation Mediated Pairing

Paramagnon Exchange: Ferromagnetic Spin Fluctuations \sim Odd-Parity, Spin-Triplet Pairing for ³He

A. Layzer and D. Fay, Int. J. Magn. 1, 135 (1971)





Feedback on $V_{sf} \rightsquigarrow$ Multiple Stable Superfluid Phases

•
$$-g_l$$
 is a function of $g \approx 0.75$ & $\xi_{
m sf} \approx 5 \hbar/p_f$

- \triangleright l=1 (p-wave) is dominant pairing channel
 - $\hat{p}_x + i\hat{p}_y \sim \sin\theta_{\hat{n}} e^{+i\phi_{\hat{p}}} \rightsquigarrow l_z = +1$
- ▶ S = 1, $S_z = 0$, ± 1 pairing fluctuations



▶ Normal ³He: an almost localized Fermi liquid, D. Vollhardt, RMP 56, 99 (1984) See Poster P.966, Joshua Wiman

Maximal Symmetry of ³He: $G = SO(3)_s \times SO(3)_L \times U(1)_N \times P \times T \rightarrow T$

Superfluid Phases of ³He



Ginzburg-Landau Functional for Superfluid ³He

- ► Maximal Symmetry of ³He: $G = SO(3)_L \times SO(3)_S \times U(1)_N \times P \times T \times C$
- Order Parameter for P-wave (L = 1), Spin-Triplet (S = 1) Pairing

$$\widehat{\Psi}(\widehat{p}) = \overbrace{\left(S_{\mathbf{x}} \quad S_{\mathbf{y}} \quad S_{\mathbf{z}}\right)}^{\mathsf{Spin Basis}} \times \overbrace{\left(\begin{array}{c}A_{xx} \quad A_{xy} \quad A_{xz}\\A_{yx} \quad A_{yy} \quad A_{yz}\\A_{zx} \quad A_{zy} \quad A_{zz}\end{array}\right)}^{\mathsf{Orbital Basis}} \times \overbrace{\left(\begin{array}{c}\widehat{p}_{x}\\\widehat{p}_{y}\\\widehat{p}_{z}\end{array}\right)}^{\mathsf{Orbital Basis}}$$

► GL Functional: $A_{\alpha i} \rightsquigarrow$ vector under both SO(3)_s [α] and SO(3)_L [i]

$$\mathscr{U}[A] = \int d^3r \Big[\alpha(T) \operatorname{Tr} \{AA^{\dagger}\} + \beta_1 |\operatorname{Tr} \{AA^{tr}\}|^2 + \beta_2 (\operatorname{Tr} \{AA^{\dagger}\})^2 \\ + \beta_3 \operatorname{Tr} \{AA^{tr}(AA^{tr})^*\} + \beta_4 \operatorname{Tr} \{(AA^{\dagger})^2\} + \beta_5 \operatorname{Tr} \{AA^{\dagger}(AA^{\dagger})^*\} \\ + \kappa_1 \partial_i A_{\alpha j} \partial_i A^*_{\alpha j} + \kappa_2 \partial_i A_{\alpha i} \partial_j A^*_{\alpha j} + \kappa_3 \partial_i A_{\alpha j} \partial_j A^*_{\alpha i} \Big]$$

Mermin, Ambegaokar, Brinkman, Anderson, circa 1974

Dynamical Consequences of Spontaneous Symmetry Breaking

Acoustic Cavity Modes

Lagrangian Field Theory for Bosonic Excitations of Superfluid ³He-B

³He-B:
$$B_{\alpha i} = \frac{1}{\sqrt{3}} \Delta \delta_{\alpha i}$$
 $L = 1$, $S = 1 \rightsquigarrow J = 0$ $C = +1$

Symmetry of ³He-B:
$$H = SO(3)_J \times T$$

Fluctuations:
$$\mathcal{D}_{\alpha i}(\mathbf{r},t) = A_{\alpha i}(\mathbf{r},t) - B_{\alpha i} = \sum_{J,m} D_{J,m}(\mathbf{r},t) t_{\alpha i}^{(J,m)}$$

Lagrangian:

$$\mathcal{L} = \int d^3 r \left\{ \tau \operatorname{Tr} \left\{ \dot{\mathcal{D}} \dot{\mathcal{D}}^{\dagger} \right\} - \alpha \operatorname{Tr} \left\{ \mathscr{D} \mathscr{D}^{\dagger} \right\} - \sum_{p=1}^5 \beta_p u_p(\mathscr{D}) - \sum_{l=1}^3 K_l v_l(\partial \mathscr{D}) \right\}$$
$$\frac{\partial_t^2 D_{J,m}^{(C)} + E_{J,m}^{(C)}(\mathbf{q})^2 D_{J,m}^{(C)} = \frac{1}{\tau} \eta_{J,m}^{(C)}}{\mathbf{with} \quad J = \{0, 1, 2\}, m = -J \dots + J, C = \pm 1$$

► Time-Dependent GL Theory for Bosonic Excitations of Superfluid ³ He-B: JAS & T. Mizushima, PRB 95, 094515 (2017)

Spectrum of Bosonic Modes of Superfluid 3 He-B : Condensate is $J^{C} = 0^{+}$

▶ 4 Nambu-Goldstone Modes & 14 Higgs modes

$$E_{J,m}^{(extsf{C})}(extsf{q}) = \sqrt{M_{J, extsf{C}}^2 + \left(c_{J,|m|}^{(extsf{C})}| extsf{q}|
ight)^2}$$

Mode	Symmetry	Mass	Name
$D_{0,m}^{(+)}$	J = 0, C = +1	2Δ	Amplitude Higgs
$D_{0,m}^{(-)}$	J=0, C $=-1$	0	NG Phase Mode
$D_{1,m}^{(+)}$	$J = 1, \ {\tt C} = +1$	0	NG Spin-Orbit Modes
$D_{1,m}^{(-)}$	J=1, C $=-1$	2Δ	AH Spin-Orbit Modes
$D_{2,m}^{\left(+ ight) }$	J = 2, C = +1	$\sqrt{\frac{8}{5}}\Delta$	2^+ AH Modes
$D_{2,m}^{\left(- ight) }$	J = 2, C = -1	$\sqrt{\frac{12}{5}}\Delta$	2^- AH Modes

Vdovin, Maki, Wölfle, Serene, Nagai, Volovik, Schopohl, McKenzie, JAS ...
 JAS and J. W. Serene, Coupling of Order-Parameter Modes with L>1 to Zero Sound in ³He-B, Phys. Rev. B 23, 4798 (1982)

Collective Mode Spectrum for ³He-B



Dynamical Consequences of Spontaneous Symmetry Breaking

First Observations of Higgs Bosons in a BCS Condensate - Superfluid ³He-B

Observation of a New Sound-Attenuation Peak in Superfluid ³He-B

R. W. Giannetta,^(a) A. Ahonen,^(b) E. Polturak, J. Saunders, E. K. Zeise, R. C. Richardson, and D. M. Lee Laboratory of Atomic and Solid State Physics and Materials Science Center, Cornell University, Ithaca, New York 14853 (Received 25 March 1980)

Results of zero-sound attenuation measurements in ${}^{3}\text{He-}B$, at frequencies up to 60 MHz and pressures between 0 and 20 bars, are reported. At frequencies of 30 MHz and above, a new attenuation feature is observed which bears the signature of a collective mode of the superfluid.

VOLUME 45, NUMBER 4

PHYSICAL REVIEW LETTERS

28 JULY 1980

Measurements of High-Frequency Sound Propagation in ³He-B

D. B. Mast, Bimal K. Sarma, J. R. Owers-Bradley, I. D. Calder, J. B. Ketterson, and W. P. Halperin Department of Physics and Astronomy and Malerrials Research Center, Northwestern University, Evanston, Illinois 60201 (Received 10 April 1980)

Measurements of the attenuation and velocity of pulsed high-frequency sound have been performed up to 133 MHz in superfluid ³He-*B*. A new collective mode of the order parameter was discovered at a frequency extrapolated to T_c of $\omega = (1,165\pm0.05)\Delta_{\rm HCS}(T_c)$, where $\Delta_{\rm HCS}(T)$ is the energy gap in the weak-coupling EOS theory. The group velocity has been observed to decrease by as much as $\frac{3}{6}$ of the zero-sound velocity.

Dynamical Consequences of Spontaneous Symmetry Breaking

Higgs Mode with mass: M = 500 neV and spin $J^{C} = 2^{+}$ at ULT-Northwestern



$J = 2^{-}$, $m = \pm 1$ Higgs Modes Transport Mass and Spin

▶ "Transverse Waves in Superfluid ³He-B", G. Moores and JAS, JLTP 91, 13 (1993)

▶ "Electromagnetic Absorption in Anisotropic Superconductors", P. Hirschfeld et al., PRB 40, 6695 (1989)

$$C_{t}(\omega) = \sqrt{\frac{F_{1}^{s}}{15}} v_{f} \left[\rho_{n}(\omega) + \frac{2}{5} \rho_{s}(\omega) \left\{ \underbrace{\frac{\omega^{2}}{(\omega + i\Gamma)^{2} - \frac{12}{5}\Delta^{2} - \frac{2}{5}(q^{2}v_{f}^{2})}_{D_{2,\pm 1}^{(-)}} \right\} \right]^{\frac{1}{2}}_{2,\pm 1}$$

Transverse Zero Sound Propagation in Superfluid ³He-B: Cavity Oscillations of TZS







Faraday Rotation: Magneto-Acoustic Birefringence of Transverse Currents

▶ "Magneto-Acoustic Rotation of Transverse Waves in ³He-B", J. A. Sauls et al., Physica B, 284,267 (2000)

$$C_{\text{LCP}}(\omega) = v_f \left[\frac{F_1^s}{15} \rho_n(\omega) + \frac{2F_1^s}{75} \rho_s(\omega) \left\{ \frac{\omega^2}{(\omega + i\Gamma)^2 - \Omega_{2,\pm}^{(-)}(\mathbf{q})} \right\} \right]^{\frac{1}{2}}$$

$$D_{2,\pm 1}^{(-)}$$

$$M_{\pm + 1} \qquad \downarrow \quad \delta \omega = g \quad \gamma H_{\text{eff}} < < \Delta$$

$$Q_{2,\pm}^{(-)}(\mathbf{q}) = \sqrt{\frac{12}{5}} \Delta \pm g_{2-} \gamma H_{\text{eff}}$$

$$Q_{\pm}^{(\frac{12}{5}} \Delta = \frac{M_{\pm + 1}}{2} \qquad \downarrow \quad \delta \omega = g \quad \gamma H_{\text{eff}} < < \Delta$$

$$(Circular Birefringence \implies C_{\text{RCP}} \neq C_{\text{LCP}} \implies \text{Faraday Rotation}$$

$$\left(\frac{C_{\text{RCP}} - C_{\text{LCP}}}{C_t}\right) \simeq g_{2-} \left(\frac{\gamma H_{\text{eff}}}{\omega}\right)$$
Faraday Rotation Period $(\gamma H_{\text{eff}} \ll (\omega - \Omega_2^{(-)})):$

$$\Lambda \simeq \frac{4\pi C_t}{g_{2-} \gamma H} \simeq 500 \, \mu m , \quad H = 2000$$

Discovery of the acoustic Faraday effect in superfluid ³He-B, Y. Lee, et al. Nature 400, 431 (1999)

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Faraday Rotation: Magneto-Acoustic Birefringence of Transverse Currents



"Broken Symmetry & Non-Equilibrium Superfluid ³He", J. A. Sauls, Lecture Notes - Les Houches 1999, Eds. H. Godfrin & Y. Bunkov, Elsievier (2000)



Liquid ³He in Random Media

Superfluidity in the Presence of Disorder

Liquid ³He is the purest known form of condensed matter

▶ ³He is Chemically Inert ▶ Large Zero-point Motion ▶ Even ⁴He is expelled at $T \ll 1$ K

The discovery of superfluidity of ³He infused into Silica Aerogel opened up new and wide-ranging investigations into the effects of disorder, confinement and random fields on matter with well-understood broken symmetry breaking phases.

If you had asked me in 1994 if Superfluidity would be able to exist if 3 He were infused into Silica Aerogel, I likely would have bet against.

- ▶ Size of Pure ³He Cooper Pairs: $\xi_0 \approx 100 \, \text{nm}$
- ▶ For 98% Porosity Silica Aerogel: $\rho_a = 0.02/a^3$ with $a \approx 1 \, {\sf nm}$
- ▶ ³He Quasiparticle-Impurity Cross-Section: $\sigma = a^2$
- Mean-Free Path: $l = 1/\rho_a \sigma = 50 \,\mathrm{nm} < \xi_0$

 \rightsquigarrow Collisions would destroy the Orbital Correlations of P-wave Cooper Pairs

However, mean values can be misleading



Discovery of Superfluidity of ³He in Silica Aerogel - Torsional Oscillator

Porto and J. Parpia, Superfluid ³He in Aerogel, Phys. Rev. Lett. 74, 4667 (1995)



• $\Delta \omega > 0 \rightsquigarrow$ "A-like" Phase

Solid ³He
$$\rightsquigarrow \chi_{solid} = C/T$$

•
$$\chi_{\text{liquid}} = \chi_N \rightsquigarrow \mathsf{ESP}$$
 State

ESP @ P = 12 bar

- Strong Suppression of T_c
- Stronger Suppression of $\Delta \omega$

 D. Sprague, T. Haard, J. Kycia, M. Rand, Y. Lee, P. Hamot, and W. Halperin, Homogeneous Equal-Spin Pairing Superfluid State of ³He in Aerogel, Phys. Rev. Lett. 75, 661 (1995)

Research on Unconventional Superconductivity circa 1995

PHYSICAL REVIEW B

VOLUME 51, NUMBER 22

1 JUNE 1995-II

Nonlinear Meissner effect in unconventional superconductors

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Department of Physics and Astronomy, Northwestern University, Evanston, Illinois 60208 (Received 16 August 1994)

PHYSICAL REVIEW B

VOLUME 52, NUMBER 14

1 OCTOBER 1995-II

Infrared conductivity in layered *d*-wave superconductors

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J. A. Sauls Department of Physics and Astronomy, Northwestern University, Evanston, Illinois 60208 (Received 13 October 1994; revised manuscript received 17 March 1995)

PHYSICAL REVIEW B

VOLUME 53, NUMBER 22

1 JUNE 1996-II

Electronic thermal conductivity and the Wiedemann-Franz law for unconventional superconductors

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D. Rainer Physikalisches Institut, Universität Bayreuth, D-95440 Bayreuth, Germany



▶ E. Thuneberg, S.K. Yip and JAS, 1996

Sound Propagation and Transport Properties of Liquid ³He in Aerogel

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¹Physikalisches Institut, Universität Bayreuth, Bayreuth, Germany

²Department of Physics & Astronomy, Northwestern University, Evanston, Illinois



"Fourth Sound Measurement of Superfluid ³He in Aerogel", Y. Nago, K. Obara, R. Kado, H. Yano, O. Ishikawa, T. Hata, JLTP 148, 597 (2007)

- "High-Frequency Acoustics of ³He in Aerogel", R. Nomura, G. Gervais, T. Haard, Y. Lee, N. Mulders, and W. P. Halperin, PRL 85, 4325 (2000)
- "Ultrasound Attenuation of Superfluid ³He in Aerogel", H. C. Choi, N. Masuhara, B. H. Moon, P. Bhupathi, M. W. Meisel, Y. Lee, N. Mulders, S. Higashitani, M. Miura, and K. Nagai, PRL 98, 225301 (2007)
- "Transverse Sound in Liquid-³HeAerogel System", S. Higashitani, M. Miura, T. Ichikawa, M. Yamamoto, and K. Nagai PRL 89, 215301 (2002)
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Transport properties of normal liquid ³He in aerogel, P. Venkataramani (Sharma), J.A. Sauls, Physica B 284-288, 297 (2000)
 Magnetization & spin diffusion of liquid ³He in Aerogel, J. A. Sauls, Yu. M. Bunkov, E. Collin, H. Godfrin and P. Sharma, PRB 72, 024507 (2005)

Diffusion Limited Cluster Aggregation - Simulation of the SiO_2 Stucture Formation

DLCA Numerical Simulation of 98% Aerogel, Sarosh Ali and JAS







DLCA Simulations - S. Ali & JAS



Radial mass distribution

Static Structure Factor S. Sinha (ANL 1999)

$$S(q) = \int d^3r \, e^{iq \cdot r} \, g(r)$$

There is another distribution characterizing the random fractal corresponding <u>free flights</u> in the open structure.

$$g(r) = n_{\rm clusters}(r)/r^3$$

$$n_{
m clusters}(r) \sim r^{D}$$

 $\begin{array}{l} D\simeq 1.7\\ \text{T. Witten and Sander, PRL (1981)}\\ \text{P. Meakin, PRL (1983)} \end{array} 17 \end{array}$

Effects of Aerogel Anisotropy on Superfluidity of ³He



- ► Local Anisotropy: $\xi_s \approx \xi_a < \xi = \hbar v_f / 2\pi k_B T_c \rightsquigarrow {}^{3}$ He in "Isotropic" Aerogels \rightsquigarrow "Gapless" B-phase
- **Random Anisotropy:** fluctuations in the nemaic axis: $\hat{\mathbf{s}}_{\perp}(\mathbf{r}) \equiv \hat{\mathbf{s}}(\mathbf{r}) s\hat{\mathbf{z}} \rightsquigarrow$ Orbital "Glass Phases"
- ► Global Anisotropy: (e.g. "Stretched" Aerogels) → Chiral-ESP, Polar-ESP and Bi-Axial-ESP Phases

Models for Superfluid ³He in Aerogel, E. Thuneberg, S.K. Yip, M. Fogelström, J.A. Sauls, Arxiv:cond-mat/9601148 (1996) & PRL 80, 2861 (1998)
 Glass state of superfluid ³He-A in an aerogel, G. Volovik, JETP Lett 63, 301 (1996)

- Pairing States of ³He in a Uniaxially Anisotropic Aerogel, K. Aoyama and R. Ikeda, Phys. Rev. B 73, 060504 (2006).
- Calculation of Orientational Effect of Deformed Aerogel on the Order Parameter of Superfluid ³He, E. V. Surovtsev & I. A. Fomin, JLTP 159, 487 (2008)
- On Larkin-Imry-Ma State of ³He-A in Aerogel, G. Volovik, JLTP 150, 453 (2008)
- Chiral Phases of Superfluid ³He in an Anisotropic Medium, J. A. Sauls, PRB 88, 214503 (2013)

Phase Diagram for Superfluid ³He in "Isotropic" 98% Silica Aerogel





Models for Superfluid ³He in Aerogel, E. Thuneberg, S.K. Yip, M. Fogelström, J.A. Sauls, Arxiv:cond-mat/9601148 (1996) & PRL 80, 2861 (1998)
 Impurity effects on the A₁-A₂ splitting of superfluid ³He in Aerogel, J. A. Sauls & P. Sharma, PRB 68, 224502 (2003)
 Quantum Phase Transition of ³He in Aerogel, K. Matsumoto, J. V. Porto, L. Pollack, E. N. Smith, T.L. Ho, and J. M. Parpia, PRL 79, 253 (1997)
 Phase diagram of the superfluid phases of 3He in 98% aerogel, G. Gervais, K.Yawata, N. Mulders, and W.P. Halperin, PRB 66, 054528 (2002)
 Magnetization & spin diffusion of liquid ³He in Aerogel, J. A. Sauls, Yu. M. Bunkov, E. Collin, H. Godfrin and P. Sharma, PRB 72, 024507 (2005)

Phase Diagram for Superfluid ³He in "Isotropic" 98% Silica Aerogel



Gapless B-phase in "Isotropic" 98% Silica Aerogel



Magnetic Susceptibility of the Balian-Werthamer Phase of ³He in Aerogel, P. Sharma and J. A. Sauls, JLTP 125, 115-142 (2001)

Gapless B-phase in "Isotropic" 98% Silica Aerogel



Magnetic Susceptibility of the Balian-Werthamer Phase of ³He in Aerogel, P. Sharma and J. A. Sauls, JLTP 125, 115-142 (2001)

Specific Heat of ³He in 98% Silica Aerogel



Extending the Ginzburg-Landau Theory for ³He-aerogel

▶ Quasiclassical Reduction of the Luttinger-Ward Functional - Serene, Rainer, Thuneberg, Kurkijärvi, JAS:

$$\Delta\Omega[\widehat{G},\widehat{\Sigma}] = -N_f \int d^3R \int \frac{d\Omega_{\hat{\mathbf{p}}}}{4\pi} T \sum_{\varepsilon_n} \operatorname{Tr}_4 \left\{ \widehat{\Sigma}\widehat{G} + \int d\xi_{\mathbf{p}} \left[\ln\left(-i\varepsilon_n\widehat{\tau}_3 + \xi_{\mathbf{p}} + \widehat{\Sigma} + \widehat{V}_{\mathsf{imp}}[\{\mathbf{R}_i\}]\right) - \ln\left(-i\varepsilon_n\widehat{\tau}_3 + \xi_{\mathbf{p}}\right) \right] \right\} + \Phi[\widehat{G}]$$

$$\blacktriangleright \text{ Ensemble Averaged Propagator: } \widehat{\mathfrak{G}}(\hat{p}, \mathbf{R}; \varepsilon_n) = \int d\xi_{\mathbf{p}} \prod_{i=1}^{N_s} \int d^3 R_i P(\{\mathbf{R}_i\}) \left(i\varepsilon_n \widehat{\tau}_3 - \xi_{\mathbf{p}} - \widehat{\Delta} - \widehat{V}_{\mathsf{imp}}[\{\mathbf{R}_i\}] \right)^{-1}$$

▶ Thermodynamic Potential for Superfluid ³He in Aerogel, S. Ali, L. Zhang and J. A. Sauls, JLTP 162, 233242 (2010)

Specific Heat of Superfluid ³He in Aerogel - Experiment vs. Theory P = 20.06 bar $\alpha = 0.075$ $\Delta C_{s}/\gamma_{s}T_{c} = 1.098$ $N_{s}/N_{n} = 0.39$



Specific Heat of Disordered Superfluid ³He, H. Choi, K. Yawata, T. Haard, J. Davis, G. Gervais, N. Mulders, P. Sharma, J. A. Sauls, and W. P. Halperin, PRL 93, 145301 (2004)



▶ $\lim_{T\to 0} C/T \approx 0.5 \text{J/K}^2$ independent of Pressure $\rightsquigarrow N_s(0) \propto \text{Surface Area of SiO}_2$ ▶ $\lim_{T\to 0} C/T \propto \text{Number of Zero-Energy Surface Andreev Bound-State Fermions}$ Gapless B-phase in "Isotropic" 98% Silica Aerogel



Magnetic Susceptibility of the Balian-Werthamer Phase of ³He in Aerogel, P. Sharma and J. A. Sauls, JLTP 125, 115-142 (2001)

Nuclear Magnetization of the Gapless Balian-Werthamer Phase of ³He



Effect of Magnetic Scattering on Superfluid ³He-aerogel, D. Sprague, T. Haard, J. Kycia, M. Rand, Y. Lee, P. Hamot & W. Halperin, PRL 77, 4568 (1996) Magnetic Susceptibility of the Balian-Werthamer Phase of ³He in Aerogel, P. Sharma and J. A. Sauls, JLTP 125, 115-142 (2001)

Tr(mKs)

44

Spin susceptibility of the superfluid ³He-B in aerogel, V. P. Mineev and P. L. Krotkov, PRB, 65, 024501 (2001)

Models for Superfluid ³He in Aerogel, E. Thuneberg, S.K. Yip, M. Fogelström, J.A. Sauls, Arxiv:cond-mat/9601148 (1996) & PRL 80, 2861 (1998)

The Quasiclassical Approach to ³He, J. W. Serene and D. Rainer, Phys. Rep. 101, 221 (1983)

Spin Diffusion & Magnetization ~> Aerogel Correlation Length

Spin Diffusion of ³He Fermi Liquid: $\vec{J}_{M} = -D_{M} \vec{\nabla}M$



 1×10^{-1}

l = 130 nm

Magnetization & spin diffusion of liquid ³He in Aerogel, J. A. Sauls, Yu. M. Bunkov, E. Collin, H. Godfrin and P. Sharma, PRB 72, 024507 (2005)
 Transport properties of normal liquid ³He in aerogel, P. Venkataramani (Sharma), J.A. Sauls, Physica B 284-288, 297 (2000)

Suppression of the A_1 - A_2 Splitting in Superfluid ³He-Aerogel



Phase diagram of the superfluid phases of 3He in 98% aerogel, G. Gervais, K.Yawata, N. Mulders, and W.P. Halperin, PRB 66, 054528 (2002)
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Two-dimensional nuclear magnets, H. Godfrin and R.E. Rapp, Adv. Phys. 44, 113 1995

Superfluid ³He in Globally Isotropic Aerogel









GL Theory Nematic Aerogels

New Chiral phases of superfluid ³He in anisotropic aerogel, J. Pollanen, J. Li, C. Collett, W. Gannon, W. Halperin & J. Sauls, Nat Phys. 8, 317 (2012)
 The Angular Momentum in ³He-A in a Stretched Aerogel, J. Li, A. Zimmerman, J. Pollanen, C. Collett, W. Gannon, W. Halperin, JLTP 175, 31 (2014)
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 Pairing extens of superfluid in univisity encortening exerced k. Anoma and P. Ikede, PRE 72, 066504(P) (2006)

Pairing states of superfluid ³He in uniaxially anisotropic aerogel, K. Aoyama and R. Ikeda, PRB 73, 060504(R) (2006)

Anisotropic strong-coupling effects on superfluid ³He in aerogels: Conventional spin-fluctuation approach, R. Ikeda, PRB B 91, 174515 (2015)

New Phases of Superfluid ³He Under Strong Confinement



- 5 phases of ³He
 Polar P_z Phase
- Spiral Phase
 - V. Dmitriev et al., PRL (2015)



▶ ³He Confined in Nematic Aerogel





Chiral Anomaly

▶ J.J. Wiman, S. Laine, E. Thuneberg & JAS, LT28.



Superfluid ³He Under Strong Confinement

New Phases with Spontaneously Broken Translational & Time-Reversal Symmetries



► Dynamical instability of the $J = 2^+, m_J = 0$ Higgs field in confined superfluid ³He, T. Mizushima & JAS, LT28 Laterally confined films of ³He





Superfluid ${}^{3}\mbox{He}$ as Topological Quantum Matter

Confinement, Excitations & New Phases

Spontaneously Broken Relative Spin-Orbit Symmetry in ³He-B

Symmetry Protected Topology in Momentum Space

- Massless Helical Majorana Fermions
- Spin-Momentum Locked Vacuum Spin-Currents
- Ising Magnetic Response
- Ground-State Helical Spin-Currents
- Thermal Signatures of Helical Majorana Fermions
- Topological Phase Transitions





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- Y. Nagato, S. Higashitani & K. Nagai, Strong Anisotropy in Spin Suceptibility of ³He-B Films, JPSJ 78, 123603 (2009)
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Condensate Flow and Backflow from Majorana Excitations



► Flow Field Breaks T-symmetry, but not Topological Protection ► Doppler Shifted Majorana Spectrum: $\varepsilon \rightarrow \varepsilon = c|\mathbf{p}_{||}| + |\mathbf{p}_{||} \cdot \mathbf{v}_s|$

T. Mizushima et al., PR

► Thermal Signature:
$$\vec{J} = n\mathbf{p}_s \times \left(1 - \frac{27\pi\zeta(3)}{2}\frac{\xi_{\Delta}}{D}\frac{\Delta_{\perp}}{\Delta_{\parallel}}\frac{m^*}{m_3}\left(\frac{T}{\Delta_{\parallel}}\right)^3\right)$$

L 109, 165301, (2012) ► Hao Wu, JAS, PRB 88, 18 184506 (2013)

The End

Diffusion Limited Cluster Aggregation - Simulation of the SiO_2 Stucture Formation

DLCA Numerical Simulation of 98% Aerogel, Sarosh Ali and JAS



Vacuum Polarization \rightsquigarrow Mass shift of the $J^{C} = 2^{+}$ Higgs Mode in ³He-B



Measurements: D. Mast et al. PRL 45, 266 (1980)

► exchange p-h channel: F₂^a = −0.88 (from Magnetic susceptibility of ³He-B)

• attractive f-wave interaction \rightsquigarrow Higgs Modes with $J = 4^{\pm}$ with $M \lesssim 2\Delta!$

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The $A_1 - A_2$ Transitions of Superfluid ³He



Requires: Broken Time-Reversal & Particle-Hole Symmetries

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• U. Israelsson, B. Crooker, H. Bozler, and C. Gould, Phase Diagram of Superfluid ³He-A, PRL 53, 1943 (1984)

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Suppression of the A_1 - A_2 Splitting in Superfluid ³He-Aerogel



Phase diagram of the superfluid phases of 3He in 98% aerogel, G. Gervais, K.Yawata, N. Mulders, and W.P. Halperin, PRB 66, 054528 (2002)
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 Impurity effects on the A₁-A₂ splitting of superfluid ³He in Aerogel, J. A. Sauls & P. Sharma, PRB 68, 224502 (2003)

Ballistic Flights in a Random Fractal



*****Ballistic flights interrupted by elastic scattering from aerogel clusters *****Most probable ballistic flight = $\ell_0 \approx \xi_a$

Ballistic Flights in a Random Fractal



*Ballistic flights interrupted by elastic scattering from aerogel cl *Most probable ballistic flight = $\ell_0 \approx \xi_a$

Ballistic Flights in a Random Fractal



Anomalous Diffusion

$$\langle \ell(t)^2 \rangle = \mathcal{D} t^{\gamma} \quad 0 < \gamma < 2$$

Thermal Conductivity - κ/T - in Normal ³He-Aerogel



Thermal Conductivity of Normal Liquid ³He in Aerogel P. Reeves, G. Tvalashvili, S. Fisher, A. Gunault, and G. Pickett, J. Low Temp. Phys. 129, 185 (2002)
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Existing \varkappa vs. T in ³He-Aerogel Evidence for Spin-Flip Scattering between Solid ³He and Liquid ³He









 $\lim_{T \to 0} \kappa / T \propto \ell_{\rm el}$ Gaussian Disorder $\beta = 2$





